



Radiotherapy Enhances Kupffer Cell Function and Modifies the Spleen Macrophage Clearance

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Abstract

Introduction: Although the effects of X-ray irradiation, used in megavoltage radiotherapy are well-known, literature investigating their influence on the cell defense system is still scarce.

Objective: To verify the Kupffer cell and splenic macrophage clearance function after megavoltage X-ray irradiation.

Method: Fourteen adult male Wistar rats were distributed into three groups: group 1 (n=6) - non-irradiated; group 2 (n=4) - irradiated animals, studied after 24 h; group 3 (n=4) - irradiated animals, studied after 48 h. Animals were anesthetized and irradiated with 8 Gy of X-ray in the abdominal region. A colloidal carbon solution was injected in the left internal jugular vein (1 ml/kg); after 40 min, the livers and spleens were removed for histological analysis of the phagocytosis by Kupffer cells and splenic macrophages. Kupffer cells and splenic macrophages containing pigments in consecutive microscopic fields were then counted. Averages obtained for each group were compared among the three groups.

Results: An increase in the number of Kupffer cells containing colloidal carbon pigments in irradiated livers, as well as damage to hepatocytes and bile ducts, was observed. In the spleen, the uniform distribution of the colloidal carbon pigments in red and white pulps shifted to the presence of black pigments inside the macrophages of the marginal zone in the two irradiated groups.

Conclusion: X-ray irradiation is associated with an increase in the function Kupffer cells, and shifts the splenic macrophage clearance without being linked neither to apparent morphological changes nor to the necrosis or apoptosis of splenic cells.

Keywords: Liver; Spleen; Kupffer cell; Macrophage; Clearance function; X-ray

Introduction

The Mononuclear Phagocyte System (MPS) consists of cells originating from bone marrow pluripotent stem cells. These are released in the blood circulation as monocytes and may remain in circulation for a short period of time or may undergo tissue diapédesis, in which they differentiate as macrophages. Macrophage precursors are also found in other tissues, such as the red spleen pulp, liver parenchyma, lung parenchyma, intestinal Peyer's patches, and lymph nodes [1]. However, most of the MPS is found in the liver and spleen; in the main blood clearance organs for microorganisms, including bacteria, fungi, viruses, parasites, foreign bodies, and inhaled particles, as well as in cells with morphological disorders. The MPS also participates in the modulation of endocrine immunity and the regulation of hematopoiesis. Moreover, it works in the production of enzymes, the complementing of system components, the binding of proteins and cytokines, the promotion of clotting and angiogenesis factors, as well as the stimulation of growth factors [1,2].

Macrophages are found in the peritoneal and pleural tissues, alveolar septa, lymph nodes, liver, splenic and sinusoidal vascular beds, etc. [1]. Liver macrophages, described by Kupffer in 1876, are known as Kupffer Cells (KC) and are located on the internal side of the sinusoidal endothelium [3,4]. The KC constitute 35% of the liver's non-parenchymal cells [5] and contain multiple receptors, including complement, toll-like opsonins and immunoglobulins [6], which are responsible for the phagocytosis of bacteria in the blood flow. The KC also operates in immunity surveillance, as

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they secrete cytokines and chemokines, which recruit and activate immune cells in response to the presence of pathogens and circulating anomalous structures [7].

In cancer treatment, megavoltage X-ray irradiation, used in Radiotherapy (RT), reaches body structures beyond the radiation field, regardless of what technique is applied, which only ensures reduced doses in tissues outside the target [8]. RT modifies the tumor's microenvironment by damaging blood vessels and peritumoral cells of the immune system. This effect leads to an intense inflammatory response with disorders in cell functions. The irradiation inhibits the access of CD8+ lymphocytes to tumors, and activates immunosuppressive pathways that lead to increasing radio resistant suppressor cells, such as M2 macrophages and regulatory T cells [9].

Although the effects of megavoltage X-ray irradiation used in RT are well-known, medical literature investigating its influence on the mononuclear phagocyte system is still scarce. Considering the lack of knowledge on the effects of megavoltage RT in MPS organs, this work was designed to evaluate the clearance function of Kupffer cells and splenic macrophages after megavoltage X-ray irradiation.

Methods

This work was approved by the Ethics Committee on Animal Use of the Federal University of Minas Gerais (UFMG) (CEUA-Registration number: 115/2018).

A total of 14 adult male Wistar rats were studied, each with an average weight of 265 ± 17 g, allocated at the UFMG School of Medicine's Biotherium. The animals were placed in appropriate cages and were provided with food and water ad libitum. The mice were distributed into three groups:

Table 1: Mean (M) and Standard Error of Mean (SEM) of the number of Kupffer cells and splenic macrophages containing colloidal carbon pigments per animal group.

| Groups | N | Liver | Spleen |
|--------|---|-----------------|-----------------|
| | | M ± SEM | M ± SEM |
| 1 | 6 | 277.2 ± 26.0* | 429.25 ± 35.9* |
| 2 | 4 | 468.0 ± 17.8** | 410.25 ± 9.6** |
| 3 | 4 | 458.0 ± 17.5*** | 432.25 ± 7.6*** |

N: total animals
 Group 1: Control - non-irradiated animals, colloidal carbon solution was intravenously injected; 40 min later, liver and spleen were removed for study.
 Group 2: Animals irradiated with 8 Gy in the abdomen; after 24 h, colloidal carbon solution was intravenously injected; 40 min later, liver and spleen were removed for study.
 Group 3: Animals irradiated with 8 Gy in the abdomen and after 48 h; colloidal carbon solution was intravenously injected; 40 min later, liver and spleen were removed for study.
 Liver: Comparison between: * and **, p=0.0001 (one-tailed Student's t-test); * and ***, p=0.0005 (one-tailed Student's t-test); ** and ***, p=0.69 (two-tailed Student's t-test).
 Spleen: Comparison (two-tailed Student's t test) between: * and **, p=0.701; * and ***, p=0.951; ** and ***, p=0.123.

Group 1 (n=6) - non-irradiated animals (control group). After four hours of fasting, the animals underwent intraperitoneal anesthesia, using 80 mg/kg of ketamine chloride, together with 7 mg/kg xylazine chloride [10]. Next, a 50% (1 ml/kg) colloidal carbon solution was injected into the left internal jugular vein. After forty minutes, the rats were euthanized, using 240 mg/kg of ketamine chloride, together with 21 mg/kg of xylazine chloride [10]. The liver and spleen were removed and immersed in a 10% buffered formaldehyde solution for future standard histological procedures and histological studies on glass slides, using hematoxylin and eosin stain.

Group 2 (n=4) - the animals were anesthetized using the technique applied to Group 1 and underwent irradiation using the Isocenter

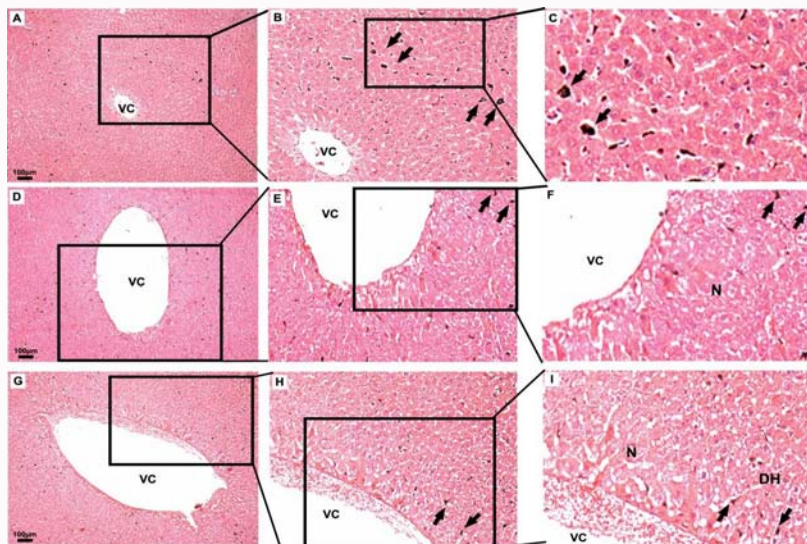


Figure 1: Histological images of 8 Gy irradiated livers and of control, with no irradiation.
 A - Liver Centrlobular Vein (CV) of an animal in the control group (non-irradiated) (H&E, 100x).
 B and C - Liver parenchyma area showing an area of preserved hepatocytes organized in rows, and the presence of sinusoids. The rows in all frames indicate colloidal carbon pigments in Kupffer cell cytoplasm (H&E, Zoom in the marked area).
 D - Liver CV area in an irradiated animal (Group 2), showing its dilation when compared to the image in frame A (H&E, 100x).
 E and F - Liver parenchyma area showing necrosis, with necrosis and homogeneous eosinophilia and absence of nucleus, indicated by the letter N (H&E, Zoom in the marked area).
 G - Liver CV area in an irradiated animal (Group 3), showing its dilation when compared to the image in frame A (H&E, 100x).
 H and I - Liver parenchyma area showing necrosis, with necrosis and homogeneous eosinophilia and absence of nucleus, indicated by the letter N. There are Hydropic Degeneration (HD) areas containing a lace-like pattern and central nucleus (H&E, Zoom in the marked area).

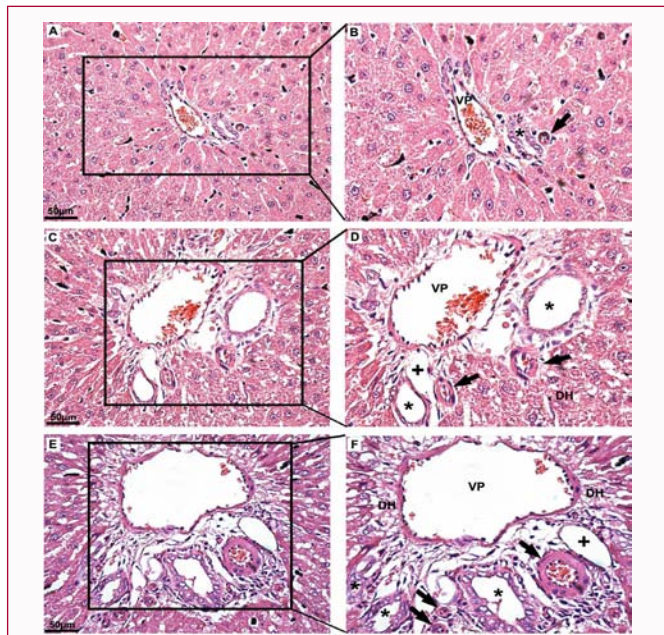


Figure 2: Hepatic portal spaces of control group (non-irradiated rats) and irradiated with 8 Gy X-ray.

A - Hepatic portal space of a non-irradiated animal (Control group) (H&E, 400x).
 B - Detail of the area marked in (A) with preserved hepatocytes organized in rows, and the presence of sinusoids, bile duct (*), liver artery branch (arrow), and portal vein (PV) (H&E, 400x, zoom in the marked area).
 C - Liver portal space area in an irradiated animal (Group 2) (H&E, 400x).
 D - Detail of an area in (C), showing PV dilation and normal hepatic artery branches. Hydropic Degeneration (HD) areas with dilated hepatocytes, as well as lace-like pattern cytoplasm and central nucleus. Increased number of arterioles (arrows), lymphatic vessel (+), and bile duct (*) (H&E, 400x, zoom in the marked area).
 E - Liver portal space area in an irradiated animal (Group 3) (H&E, 400x).
 F - Detail of an area in (E), showing PV dilation and normal hepatic artery branches. Hydropic Degeneration (HD) areas with dilated hepatocytes, as well as lace-like pattern cytoplasm and central nucleus. Increased number of arterioles (arrows), lymphatic vessel (+), and bile duct (*) (H&E, 400x, zoom in the marked area).

technique [8] with 8 Gy (4 Gy in anteroposterior incidence and 4 Gy in posteroanterior incidence) in the abdominal region, using a 6-MV linear accelerator. The rats received the colloidal carbon solution, in accordance with the procedure described for Group 1, 24 h after irradiation. After forty minutes, the rats were euthanized, using 240 mg/kg of ketamine chloride, together with 21 mg/kg xylazine chloride [9]. The liver and spleen were removed and immersed in a 10% buffered formaldehyde solution for future standard histological procedures and histological studies on glass slides, using hematoxylin and eosin stain.

Group 3 (n=4) - the animals were anesthetized using the technique applied to Group 1 and underwent irradiation as performed in Group 2. The rats received the colloidal carbon solution, in accordance with the procedure described for Group 1, 48 h after irradiation. After 40 min, the rats were euthanized, using 240 mg/kg of ketamine chloride together with 21 mg/kg of xylazine chloride [10]. The liver and spleen were removed and immersed in a 10% buffered formaldehyde solution for future standard histological procedures and histological studies on glass slides, using hematoxylin and eosin stain.

The KC containing black colloidal carbon pigments in their cytoplasm were counted in 12 consecutive optical microscopic fields

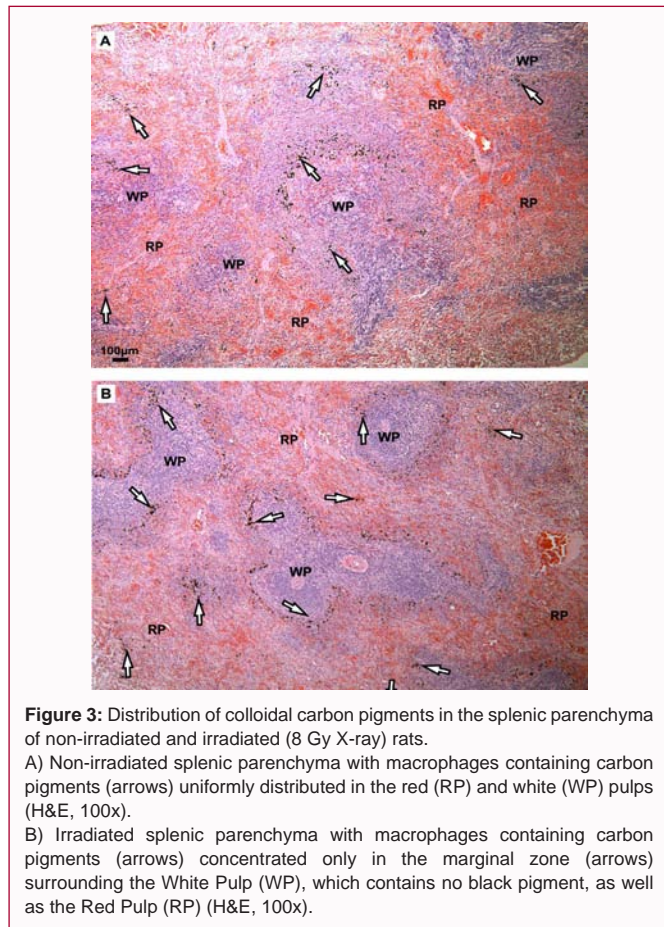


Figure 3: Distribution of colloidal carbon pigments in the splenic parenchyma of non-irradiated and irradiated (8 Gy X-ray) rats.

A) Non-irradiated splenic parenchyma with macrophages containing carbon pigments (arrows) uniformly distributed in the red (RP) and white (WP) pulps (H&E, 100x).
 B) Irradiated splenic parenchyma with macrophages containing carbon pigments (arrows) concentrated only in the marginal zone (arrows) surrounding the White Pulp (WP), which contains no black pigment, as well as the Red Pulp (RP) (H&E, 100x).

per slide, using a 400x magnification. The splenic macrophages containing these pigments in their cytoplasm were counted in 16 consecutive optical microscopic fields, using a 1000x magnification, in immersion oil.

The one-tailed Student's t-test was used to compare, two by two, the average number of KCs containing colloidal carbon pigments in the irradiated and control groups. The same test was used to compare splenic macrophages containing colloidal carbon. To compare averages in the two irradiated groups, the two-tailed Student t-test was used. In the comparisons, differences corresponding to $p < 0.05$ were considered to be significant.

Results

The animals remained stable during the experiments. The distribution of phagocytized carbon pigments was uniform in all studied liver sections along the sinusoidal capillaries. The number of KCs that phagocytized colloidal carbon pigments was higher in the irradiated animal groups ($p < 0.05$). No difference in this number was detected in the irradiated groups (Table 1). Necrosis and degeneration were detected in hepatocytes, including perivenular types, the dilation of centrilobular veins (Figure 1), as well as the proliferation of bile ducts in portal tracts of the irradiated animals' livers, but not in the control group animals (Figure 2).

The spleen parenchyma presented a uniform distribution of the macrophages containing colloidal carbon inside the red and white pulp in the control group. The macrophages with colloidal carbon were located almost exclusively in the marginal zone around the

white pulp after irradiation (Figure 3), without any morphological damage detected in the spleen parenchyma. The total mean number of macrophages containing carbon colloid per microscopic field was no different from the control group. These histological analyzes identified no disorder in the splenic morphology nor in necrosis or apoptosis [11-14].

Discussion

Since the 1990s, our research team has studied the phagocytic function of MPS organs in the presence of alcoholism, partial splenectomy, autogenous splenic implants, oophorectomy, and pregnancy [15-26]. Quantification of the clearance activity in animal models is performed by means of histological studies after the intravenous infusion of colloidal substances, as well as by means of radioactive counts of the MPS in gamma radiation detectors, after the intravenous infusion of radiolabeled bacteria [27-35].

According to studies conducted with colloidal substances, splenic macrophages and KCs are responsible for 85% to 90% of the intravascular phagocytic activity [36]. Other studies have shown that the liver plays a major role in the blood clearance of radiolabeled bacteria, followed by the spleen and the lungs, which are more effective in clearing colloidal substances and bacteria [28].

In addition to the megavoltage RT, cancer has been treated with the use of nanoparticles associated with radionuclides and antitumor drugs, directed toward the tumor environment [37,38]. These complexes are injected into the bloodstream in order to destroy cancer cells; however, they are also removed from the blood by the MPS and act upon its cells. It is estimated that approximately 99% of the nanoparticles are removed from circulation by the MPS, including the KC and the splenic macrophages. Therefore, the antitumoral effect is caused by only 1% of what is administered to the organism [39,40].

Since 1923, there have been reports on the influence of low energy X-ray irradiation on MPS activity in animal models, by measurements of the blood's clearance of colloidal substances and bacteria [41-62]. These studies were conducted in accordance with full-body irradiation protocols, which are rarely used for RT nowadays. The radiobiological effects depend, among other factors, on the radiation energy and the irradiated body region [8]. Therefore, it is possible for the MPS to be affected by megavoltage RT in a different manner from that observed in low-energy irradiation.

The increase in the number of KC containing colloidal carbon is consistent with experimental results *in vitro* using macrophage derivatives from human monocytes irradiated with a 10 Gy X-ray [63] and macrophage derivatives from rodent monocytes irradiated with 8 Gy [64]. These studies have reported the increase in the studied macrophages' phagocytic capacity, which is most likely associated with the activation of its pro-inflammatory state caused by radiation [63]. Knowledge of the KC behavior after irradiation is of interest for treating cancer with antitumoral drugs carried by nanoparticles and concomitant RT, considering that KC-phagocytized nanoparticles carry these drugs [37-40].

Radiobiological damages to the liver parenchyma in patients subjected to total or partial liver irradiation to control hepatocellular carcinoma are well-known and include the activation of hepatic stellate cells and the increase in hepatic enzymes, such as alkaline phosphatase, aminotransferases, lactate dehydrogenase, hepatomegaly, and ascites, immediately after the RT [65-68]. In animal models, irradiation

is associated with KC activation, centrilobular vein dilation, and the destruction of hepatocytes [12], with an increase in oxidative stress and lipid peroxidation [69]. Other alterations observed after RT include steatosis, [70], congestion of vascular sinusoids [65,68], hepatic fibrosis, and hepatocyte apoptosis [30,31].

In this work, the detection of hepatocyte necrosis and dilated centrilobular veins in irradiated animals are in agreement with previous studies involving rats that had been previously irradiated with 8 Gy of X-ray in the abdominal region in a 6-MV linear accelerator [12]. Hepatocyte necrosis is a short-term consequence of this irradiation on hepatocyte DNA, which affects its structure, resulting in its death by necrosis [8]. The dilation of centrilobular veins results from vascular alterations throughout the liver parenchyma and requires additional studies to understand its pathophysiology.

The proliferation of bile ducts observed in portal tracts of irradiated animals is an attempt to achieve liver regeneration. Bile duct branches contain stem cells capable of differentiating into several cell types of this parenchyma [71-73]. Previous studies with Wistar rats found the proliferation of bile ducts only after fraction doses of liver focal radiation therapy [68]. However, this work showed that duct proliferation also takes place soon after a single dose of megavoltage X-ray irradiation.

Splenic macrophages are found around the sinusoidal capillaries, forming the so-called Billroth cords, in the white and red pulps, as well as in the marginal zone around the white pulp [15,16]. These cells remove abnormal red blood cells; store metals, especially the Fe ion resulting from hemoglobin metabolism; exhibit antigens to the B and T lymphocytes; secrete inflammatory cytokines; and modulate immune responses [15,16].

The shifts of the splenic macrophage clearance function from the red and white pulps to the marginal zone after irradiation reveals that megavoltage RT with a single 8 Gy dose in the abdominal region of the animals changes the splenic activity. The literature establishes that high fraction RT doses cause splenic hypotrophy through the destruction of white pulp [74]. However, in this work, no microscopic or macroscopic short-term morphological alterations, apoptosis, or necrosis in the spleen were found during the short observation period. Therefore, the absence of colloidal carbon uptake in most of the splenic parenchyma is not due to the absence of macrophages, but rather to the loss of their functional capacity. On the other hand, irradiation did not interfere in the ability of macrophages in the marginal zone to remove colloid from the blood stream.

Conclusion

X-ray irradiation is associated with an increase in the function of Kupffer cells, and shifts the splenic macrophage clearance without being linked neither to apparent morphological changes nor to the necrosis or apoptosis of splenic tissues.

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