Liver Transplantation for Hepatic Epithelioid Hemangioendothelioma Case Report and Review of the Literature

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Abstract

Hepatic epithelioid hemangioendothelioma (HEHE) is a rare vascular tumor of the liver, with less than 500 cases reported worldwide. It has indolent course and often presents with unspecific symptoms. Unlike other primary liver tumors, it does not arise in the background of chronic liver disease. The definitive diagnosis is difficult and often necessitates percutaneous liver biopsy. Another feature of HEHE is its variable and unpredictable prognosis. Due to the rarity of this condition, currently there is no accepted treatment approach. Excellent results are achieved through the surgical modalities—liver resection (LR) and liver transplantation (LT), with high survival rates and disease free survival (DFS). Other therapeutic options include chemo/radiotherapy regimens and transcatheter arterial chemoembolization (TACE). We present a case report of 33 years old male with multiple bilobar hepatic epithelioid hemangioendothelioma who underwent orthotopic liver transplantation with excellent long-term outcome.

Introduction

Hepatic epithelioid hemangioendothelioma (HEHE) is a rare neoplasm of vascular origin, which has histologic appearance between hemangioma and hemangiosarcoma and unpredictable clinical course [1,2]. Although there is no accepted therapeutic approach, surgical therapy is currently the mainstay of treatment. Liver resection (LR) is a viable option, but it is seldom possible, because of the advanced stage of the tumor at the time of diagnosis [3,4]. The unresectable cases are candidates for liver transplantation with high survival rates and disease free survival (DFS). Other therapeutic options include chemo/radiotherapy regimens and transcatheter arterial chemoembolization (TACE).

Case Presentation

We present a case of 33-year old male, who was referred to the unit with multiple bilobar liver lesions (Figure 1) and no evidence for any primary tumor. The patient had no other comorbidities, apart from ichthyosis vulgaris of the skin. The laboratory results were unremarkable and the tumor markers (AFP, CEA and CA19-9) were within reference values. The histology and immune-histochemistry of percutaneous liver biopsy revealed epithelioid hemangioendothelioma. A diagnostic laparoscopy was performed, showing no extra hepatic disease. The bilobar involvement and the localization of the lesions, classified the case as unresectable. The patient was listed for liver transplantation and within a month he was transplanted with full liver graft from a deceased donor. The post-operative period was uneventful. Two months after the transplantation an anastomotic biliary stricture was identified, that was successfully managed with endoscopic stent placement. No adjuvant chemotherapy was administered. The patient was prospectively followed. Ten years after transplantation the patient is doing well and has no signs of recurrence (Figure 1 and 2).

Discussion

Epithelioid hemangioendothelioma is a rare neoplasm of endothelial origin. It was first described in soft tissue by Weiss and Enzinger in 1982 [5]. Since then there have been many reports of this tumor with different localization, including head and neck, brain, bones, lung, spleen, etc. Ishak was the first to report a series of 32 patients with hepatic epithelioid hemangioendothelioma [1]. HEHE has low incidence rates, affecting less than 1 per one million people with a male to female ratio of 2.3 [4]. According to the literature review, less than 500 cases are reported worldwide. HEHE can
HEHE is a low-grade malignancy with unpredictable clinical course. It has a propensity for angiocentric growth, obliterating the lumen of the vessel and spreading centrifugally into the surrounding tissue, inducing fibrotic response. The distinction between HEHE and other malignant lesions may be quite challenging [2,11-15]. The definitive diagnosis of this tumor is based on positive immunohistochemical staining for factor VIII –related antigen (FVIII-RAg) and specific endothelial markers, such as CD31 and CD34 [4,5,15]. By the time of diagnosis, the tumor is almost always multinodular and spread into both liver lobes [3,4]. It has long been debated, whether this is a result of multiple, synchronously occurring nests of tumor cells or represents an odd pattern of tumor metastasis from a single source. Recent advances demonstrate the monoclonal origin of the lesions, thus proving it is a result of metastatic spread [15,16]. The presence of extrhepatic disease varies among different series between 17% and 37% [3,4,17,18].

Imaging modalities recognize two distinct patterns of HEHE–nodular and diffuse. The nodular type can manifest as multiple, often bilobar nodular masses with subcapsular spread. The diffuse type represents a more advanced stage of the disease, with formation of confluent lesions. Common radiological signs of HEHE include capsular retraction, presence of intracapsular calcifications and specific patterns of perfusion on contrast series -peripheral and delayed enhancement, and target sign appearance [19,20]. Rarely, this tumor can manifest as a solitary, often subcapsular node, representing an early stage of the disease. The progression of a single nodule to multifocal spread has been documented, during follow-up [2,20,21].

The clinical manifestation ranges from asymptomatic state to hepatic failure [22-24]. Many cases are discovered accidentally, during routine examination. The most common symptoms include right upper quadrant pain, anorexia, weight loss, weakness, hepatomegaly and jaundice [3,4]. The laboratory findings are unspecific and most commonly include liver test abnormalities with mildly distalized values. However, the biochemical analysis may show no deviation. The commonly assessed tumor markers – CEA, CA19-9 and AFP are almost always negative, or slightly elevated [4].

Hepatic epithelioidhemangioendothelioma is a tumor with variable and unpredictable prognosis. The assessment of clinical or pathological criteria offers no benefit in predicting the outcome. The clinical course may range from a relatively benign one, with favorable outcome and prolonged survival, even in the setting of no treatment [2-4,25], to rapid progression and death [24,26]. It is remarkable that the disease evolution does not seem to depend on the degree of tumor spread, with reported long-term survival, in some cases, even in the presence of metastatic disease – a behavior, which resembles that of the neuro-endocrine tumors (NETs) [27].

The extremely low incidence of HEHE is a serious setback for conducting randomized comparative analyzes and determining the best treatment approach. The inability to predict the disease outcome is a further impediment to this process. The major portion of the available publications consists of retrospectively analyzed clinical cases and reports with small sample sizes. This scattered, non-uniform data demands careful interpretation of the conclusions reached, due to the possibility of statistical bias. The demographic characteristics and results from some of the papers are summarized in Table. 1.

In 2006 Mehrabi et al. [4] published a review, encompassing the reported cases of HEHE for the period 1984-2005. This is the largest survey on the topic to date and contains data for 402 patients. HEHE was multifocal in 86% of the 306 cases with sufficient data for the analysis, and extrhepatic spread was observed in 36%. The most common treatment approach, used in 128 patients (44.8%), was liver transplantation (LT), followed by no treatment in 71 patients (24.8%), chemotherapy or radiotherapy in 60 patients (21%) and liver resection (LR) in 27 patients (9.4%). In the meta-analysis the survival data was available for 253 patients. The surgical therapies – liver resection and liver transplantation were associated with the best results, with 5-year survival of 75% and 55.8% respectively. The survival rates decreased markedly in the chemotherapy/radiotherapy group and in the no treatment group, with 5-year survival of 30% and 4.5% respectively. It should be noted, that whereas the LR group had the highest OS, most of the patients weren’t eligible for radical resection due to the multifocal tumor spread in the liver. Limited extrhepatic disease was not considered an absolute contraindication to surgical therapy, due to the reported long survival of patients with systemically advanced HEHE.

Analyzing the data from the ELTR (European Liver Transplant Registry), in a large multicenter study, Lerut et al. [3] managed to
compile detailed information about the long-term follow-up of 59 patients, who had undergone LT for HEHE for the period June 1989 to June 2004. The ELTR report validated the place of liver transplantation in the treatment of HEHE with 1-, 5- and 10- year overall survival of 93%, 83% and 72%, respectively. The analysis showed also, that pre-LT tumor treatment (18 patients), the presence of lymph node invasion (18 patients) or the presence of extrapeptic disease (10 patients) did not influence significantly the treatment rates. Only the presence of microvascular, or combined micro-/ macrovascular invasion negatively affected the survival. Lerut et al. [3] demonstrated excellent 1-, 5- and 10-year disease free survival (DFS) rates: 90%, 82% and 64%, which were not significantly influenced by the presence of LN invasion, extrapeptic disease, pre-LT treatment or vascular invasion. This marker of an advanced neoplastic process should not be considered an absolute contraindication and warrant careful preoperative staging and patient evaluation.

However, in 2009 the Pittsburg group identified the presence of extrapeptic disease, beyond the portal lymph nodes, as a predictor of poor outcome in their series of 25 patients [18]. In this largest single-center experience, the patients were divided into four groups, depending on the therapeutic strategy - 17 underwent LT, 4 –transcatheter arterial chemoembolization (TACE), 2 patients underwent liver resection and 2 –TACE, followed by LT. Cardinal et al. [18] concluded that the difference in survival was not statistically significant between the LT (172 months) and the TACE group (83 months), p=0.98. There was a tendency towards better outcome of the advanced cases, where LR or LT were not feasible. Seventeen underwent liver resection, 12 had TACE alone, 3 patients were treated with TACE and LR and 1 patient underwent LT. There was no significant difference between the overall survival of the TACE and LR arms. The presence of symptoms was identified as a predictor of worse prognosis. Older age and elevated CA19-9 were implicated to have negative effect on the overall survival.

In a recent review, Zhao et al. [33] compared the Western and Chinese experience in the treatment of HEHE. Fifty patients from China were identified and included in the report. The most used treatment approach in the Chinese population was liver resection (45.7%), followed by palliative treatment (34.3%). TACE and liver transplantation were utilized in 14.3% and 5.7% of the patients respectively. The authors did not detect significant difference in the overall survival between the four treatment groups (p=0.74), although there was a trend towards better survival with the surgical approaches. Extrapeptic spread of the disease was not associated with worse outcome, but the presence of symptoms (p=0.076), elevated tumor markers (p=0.027) and the diffuse type HEHE (RR=12.17, p=0.016) were identified as risk factors for poorer outcome.

Hepatic epithelioidhemangioendothelioma is a rare vascular tumor. Nevertheless, a wide variety of treatment approaches are described in the literature. Chemotherapy and radiotherapy are conservative modalities, which are mainly used as a means of palliation or supplementary treatment in the adjuvant or the neo-adjuvant setting. Many agents have been described in the literature, mostly chosen for their anti-angiogenic properties, including thalidomide, doxorubicin, epirubicin, gemcitabine, interferon, etc. [4]. The effectiveness of these modalities in improving survival is still not given. Given the indolent course of the tumor, associated with long survival, even in systemically advanced cases, comparative trials need to be designed to elucidate the place of chemo/radiotherapy in treatment of HEHE. Transcatheter arterial chemoembolization (TACE) is a perspective method, which, according to some reports offers comparable survival to the surgical modalities [18,32,33]. Cardinal et al. [18] suggested that it leads to improved survival, with less treatment-related complications, compared to LT and LR, in the case of HEHE with extrapeptic spread.

Table 1: Liver transplantation for HEHE – experience.

<table>
<thead>
<tr>
<th>Author</th>
<th>N</th>
<th>Age (median)</th>
<th>Follow-up (months)</th>
<th>LT (%)</th>
<th>5-yr survival</th>
<th>Recurrence rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marino [27]</td>
<td>10</td>
<td>24-52 (29)</td>
<td>-</td>
<td>100%</td>
<td>76%</td>
<td>30%</td>
</tr>
<tr>
<td>Madariaga [28]</td>
<td>17</td>
<td>28-58 (36)</td>
<td>55</td>
<td>100%</td>
<td>67%</td>
<td>-</td>
</tr>
<tr>
<td>Mehrabi [4]</td>
<td>402</td>
<td>3-86 (41)</td>
<td>-</td>
<td>45%</td>
<td>54%</td>
<td>-</td>
</tr>
<tr>
<td>Lerut [3]</td>
<td>11</td>
<td>4-65 (41)</td>
<td>79</td>
<td>100%</td>
<td>83%</td>
<td>24%</td>
</tr>
<tr>
<td>Nudo [29]</td>
<td>11</td>
<td>18-52 (38)</td>
<td>81</td>
<td>100%</td>
<td>82%</td>
<td>36%</td>
</tr>
<tr>
<td>Rodriguez [30]</td>
<td>110</td>
<td>0-70 (36)</td>
<td>24</td>
<td>100%</td>
<td>64%</td>
<td>-</td>
</tr>
<tr>
<td>Grotz [17]</td>
<td>30</td>
<td>21-79 (46)</td>
<td>41</td>
<td>37%</td>
<td>73%</td>
<td>-</td>
</tr>
<tr>
<td>Remiszewski [31]</td>
<td>10</td>
<td>23-65 (40)</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>88%</td>
</tr>
</tbody>
</table>

Wang et al. [32] published a report of 33 patients, who underwent treatment for HEHE, between 2004 and 2011, with various methods. Seventeen underwent liver resection, 12 had TACE alone, 3 patients were treated with TACE and LR and 1 patient underwent LT. There was no significant difference between the overall survival of the TACE and LR arms. The presence of symptoms was identified as a predictor of worse prognosis. Older age and elevated CA19-9 were implicated to have negative effect on the overall survival.

A recent study by Remiszewski et al. [31] described a single institution experience with 1234 liver transplantations, performed for the period 1989 – 2013 and compared the outcomes in three separate cohorts–HEHE (10 patients), HCC (155) and LTs for other indications (1069). The overall survival at the end of the follow-up period for the HEHE group was 87.5%, which was superior to the OS of the HCC group (54.3%) and the group with LTs for other indications (76.3%).

The reports published by Rodriguez [30] and Nudo [29] summarize the American and Canadian experience with LT for HEHE with overall results showing no difference as compared to one another and the European experience [3].
The surgical therapy has consistently provided satisfactory results and is currently the method of choice. Liver transplantation and radical liver resection offer comparable results [4,17,33-35] with excellent long-term outcome. Many authors agree, that whenever possible, radical liver resection should be attempted [2,4,6,35,36]. However, others disagree with that statement, because of the observed more aggressive behavior of the tumor after liver resection [37,38]. According to Ben-Haim [38] at the time of resection the tumor has already spread microscopic seedings across the liver, not visible on imaging studies. Liver regeneration after resection is largely dependent on angiogenesis. The promotion of vascular proliferation thus may stimulate the neoplastic growth and result in quick deterioration and death.

It should be noted, that by the time of diagnosis HEHE is most often bilobar and not suitable for radical liver resection [2,3]. Liver transplantation has proven an effective treatment of HEHE with similar or even superior survival to LT for other indications [31,39,40]. Some authors state that limited extrahepatic disease is no contraindication to liver transplantation [2,4,27,38]. Due to the protracted course of the disease, long-term survival can be expected even in the event of disease recurrence. On that basis, Lerut et al. [3] advocate an aggressive approach in such cases.

**Conclusion**

Hepatic epithelioid hemangioendothelioma is a treatable disease. Good results can be achieved when an early diagnosis is made, followed by complex assessment of the tumor and patient characteristics by a multidisciplinary team and selection of the most appropriate treatment modality. Liver transplantation and radical liver resection offer the best chance for long-term survival; however the latter is seldom possible due to bilobar hepatic involvement. Patient follow-up and aggressive approach toward disease recurrence are key factors for long-term survival.

**References**

27. Marino IR, Satoru Todo, Andreas G, Tzakis, Goran Klintmalm, Michael


