



Global Practice vs. Research on Bariatric Surgery Over the Last Decade

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Abstract

Background: Publishing scientific researches should be considered as important as practice in medicine. The aim of this study is to evaluate trends of scientific productivity comparing with practice of each IFSO-member countries on bariatric surgery over the last decade.

Methods: The Thomson Reuters Web of Science was used to obtain numbers of bariatric surgery-related studies published by each IFSO-member countries in four certain time spans 2003-2004, 2008-2009, 2011-2012 and 2013-2014. Then each country's publication rates per bariatric procedure were calculated for these time periods due to reports of IFSO in 2003, 2008, 2011 and 2013.

Results: The highest number of publications and procedures on bariatric surgery were achieved by USA in all time spans. USA also has the largest volume of bariatric surgeons in 2003 and 2008. Then Brazil replaced the first rank for numbers of bariatric surgeons in 2011 and bariatric centers in 2013.

In 2003-2004, the total number of bariatric surgery-related publications was 644 published by 26 IFSO-member countries and the total estimated number of bariatric procedure was 43,301 which performed by those countries. In 2013-2014, the total number of bariatric surgery-related publications was 4,026 which published by 56 IFSO-member countries and the total estimated number of bariatric procedure was 468,609 which performed by those countries.

Conclusion: We can roughly claim that global scientific productivity on bariatric surgery has not been increased in parallel increasing numbers of bariatric procedures and surgeons over the last decade. Our study should be a call that research efforts must be supported by governments or private institutions. In addition, creating and maintaining national and international "registry" systems, as IFSO, is essential to obtain reliable data.

Keywords: Bariatric surgery; Bibliometric analysis; IFSO

Introduction

The morbidity and mortality associated with obesity have been known to the medical profession more than 2000 years [1]. Mean body mass index (BMI) has been increasing in prevalence in adults, adolescents, and children, and is now considered to be a global epidemic, recently with 36.9 percent of men and 38 percent of women estimated to have a BMI ≥ 25 kg/m² [2,3]. Therefore bariatric surgery is one of the fastest growing operative procedures performed worldwide, with an estimated >340,000 operations performed in 2011 [4]. The growth rate of bariatric surgery in Asia was 449 percent between 2005 and 2009 [5].

The first known surgical procedure aimed at reducing body weight was performed by Victor Henrikson in Sweden in 1952, was only a small bowel resection. The first real obesity surgery procedure was the jejunoileal bypass (JIB) performed by Kremen and Linner in USA in 1954 [6].

International Federation for the Surgery of Obesity and metabolic disorders (IFSO) was founded in 1995. IFSO-based worldwide surveys on bariatric surgery have been published by the federation in subsequent years. The first global survey of IFSO was reported by Scopinaro in 1998 [6]. After which Buchwald and Angrisani presented follow-up reports for 2003, 2008, 2011 and 2013 [4,7-9]. While previous reports were mostly based on estimated numbers and e-mail surveys; recent reports reflect registries of IFSO-member national societies and provide more accurate information as First IFSO Global Registry Report 2014 [10].

Scientific publishing is a reliable way of sharing an experience with other researchers and

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Table 1: IFSO member nations and their performances for 2003-2004.

IFSO members for 2003-2004	Number of publications	Number of procedures	Publication rates per procedure	Number of bariatric surgeons	Publication rates per bariatric surgeon
Argentina	1	200	0,005	30	0,033
Australia/ New Zealand	30 (29/ 1)	2750	0,010	68	0,441
Austria	21	1396	0,015	38	0,552
Belgium/ Luxembourg	11	6000	0,001	200	0,055
Brazil	29	4000	0,007	510	0,056
Czech Republic	2	400	0,005	6	0,333
Egypt	0	2750	0	12	0
France	19	12000	0,001	200	0,095
Germany	22	1100	0,020	54	0,407
Greece	7	500	0,014	8	0,875
Hungary	1	30	0,033	1	1,000
Israel	16	1000	0,016	50	0,320
Italy	51	3000	0,017	200	0,255
Japan	2	20	0,100	20	0,100
Mexico	7	2500	0,028	200	0,035
Netherlands	15	800	0,018	40	0,375
Panama	0	60	0	5	0
Poland	7	145	0,048	14	0,500
Russia	0	350	0	35	0
Spain	23	2000	0,011	160	0,143
Sweden	14	600	0,023	20	0,700
Switzerland	18	800	0,022	90	0,200
Turkey	6	150	0,040	5	1,200
UK/ England	10	600	0,016	13	0,769
Ukraine	0	150	0	10	0
USA/ Canada	332 (321/11)	103000	0,003	850	0,380
Total - Average	644	146101	0,004	2809	0,215

practitioners. Analysis of these scientific publications is also a valuable marker of scientific activity for researchers, institutes and even countries.

Bibliometric analysis is a tool for quantitatively analyzing the characteristics of publications in any field of research. Since Garfield published first bibliometric study in the 1970s more articles have appeared in different general and specialty journals [11-14].

The Science Citation Index was introduced in 1961 as a tool for bibliographic retrieval, and it provides a large database for the analysis of journals and publications. The Thomson Reuters Web of Science™ Core Collection (WoS) is a software application that can be used for analyzing scientific papers indexed in the Science Citation Index Expanded (SCI-E) by various parameters [15].

The aim of this study is to evaluate trends of scientific productivity comparing with practice on bariatric surgery of each IFSO member societies over the last decade by using WoS bibliometric analysis.

Materials and Methods

This study was conducted on June 25, 2015. The Thomson Reuters Web of Science™ Core Collection (WoS) was used to obtain numbers of bariatric surgery-related studies included in SCI-E in

four certain time spans 2003-2004, 2008-2009, 2011-2012 and 2013-2014 using the terms “bariatric surgery”, “metabolic surgery”, “obesity surgery” and “weight loss surgery” in topic search section. By using the “analyze” function of the software, we analyzed the number of publications for each IFSO member countries in those years. Time spans selected due to years of global IFSO reports, 2003, 2008, 2011, 2013 and the following years for possible publications from those years. Then each country’s publication rates per bariatric procedure (PPP) were calculated due to data provided by global reports of IFSO for each periods of time. Publication rates per bariatric surgeon (PPS) were also calculated for time spans of 2003-2004, 2008-2009, 2011-2012 and publication rates per bariatric center (PPC) for 2013-2014 due to the same reports.

Results

Overall, the highest number of publications and procedures on bariatric surgery were achieved by USA in all time spans of this study. USA also has the largest volume of bariatric surgeons in 2003 and 2008. Then Brazil replaced the first rank for numbers of bariatric surgeons in 2011 and bariatric centers in 2013. In 2013-2014, the total number of bariatric surgery-related publications was 4,026 which were published by 56 IFSO member countries and the total

Table 2: IFSO member nations and their performances for 2008-2009.

IFSO members for 2008-2009	Number of publications	Number of procedures	Publication rates per procedure	Number of bariatric surgeons	Publication rates per bariatric surgeon
Argentina	7	2400	0,002	50	0,140
Australia/ New Zealand	51 (48/ 3)	11914	0,004	118	0,432
Austria	46	1741	0,026	52	0,884
Belgium/ Luxembourg	36	8700	0,004	82	0,439
Brazil	125	25000	0,005	700	0,178
Chile	30	1500	0,020	100	0,300
Czech Republic	13	900	0,014	15	0,866
Denmark	10	2004	0,004	15	0,666
Egypt	2	1500	0,001	8	0,250
France	87	13722	0,006	310	0,280
Germany	97	2117	0,045	75	1,293
Greece	23	2875	0,008	45	0,511
Hungary	0	300	0	5	0
India	3	1216	0,002	46	0,065
Israel	33	2500	0,013	50	0,660
Italy	133	4842	0,027	300	0,443
Japan	11	80	0,137	30	0,366
Mexico	9	13500	0,0006	150	0,060
Netherlands	36	3500	0,0102	45	0,800
Norway	15	1500	0,0100	25	0,600
Paraguay	0	0	0	2	0
Peru	0	600	0	15	0
Poland	19	814	0,023	20	0,950
Portugal	10	1323	0,007	25	0,400
Romania	3	837	0,003	18	0,166
Russia	0	750	0	75	0
Serbia	1	10	0,100	5	0,200
South Africa	1	400	0,002	17	0,058
Spain	103	6000	0,017	400	0,257
Sweden	27	2894	0,009	90	0,300
Switzerland	48	850	0,056	40	1,200
Turkey	4	500	0,008	20	0,200
UK/ England	108	6000	0,018	60	1,800
Ukraine	1	190	0,005	20	0,050
USA/ Canada	993(937/56)	220000	0,004	1625	0,611
Venezuela	2	1242	0,001	27	0,074
TOTAL- Average	2087	344221	0,006	4680	0,445

estimated number of bariatric procedure was 468,609 performed by those countries. For PPP, Japan had been in the first place two times for 2003-2004 and 2008-2009 by rates of 1.000 and 0.137 respectively. Singapore and Spain had been in the first rank by rates of 0.115 and 0.878 in time spans of 2011-2012 and 2013-2014. For PPS, Turkey, England, Germany had been in the first place by rates of 1.200, 1.800, 2.250 in time spans of 2003-2004, 2008-2009, 2011-2012 respectively. For PPC in 2013-2014, Spain again ranked first by rate of 5.916.

2003-2004

The total number of bariatric surgery-related publications was

644, published by 26 IFSO member countries and the total estimated number of bariatric procedure was 43,301 performed by these countries. USA was in the first rank with 321 publications, followed by Italy (n=51), Australia (n=29) and Brazil (n=29). USA and Canada performed most procedures at 103,000. Nations declared performing 2,000 procedures or more annually were France (n=12,000), Belgium/ Luxembourg (n=6,000), Brazil (n=4,000), Italy (n=3,000), Australia/ New Zealand (n=2,750), Egypt (n=2,750), Mexico (n=2,500) and Spain (n=2,000). For PPP, Japan was in the first place with rate of 0.100, followed by Poland (0.048), Turkey (0.040), Hungary (0.033), and Mexico (0.028). The overall mean rate was 0.004 (Table 1).

Table 3 IFSO member nations and their performances for 2011-2012.

IFSO members for 2011-2012	Number of publications	Number of procedures	Publication rates per procedure	Number of bariatric surgeons	Publication rates per bariatric surgeon
Argentina	7	5500	0,001	120	0,058
Australia/ New Zealand	104 (92+12)	12000	0,008	150	0,693
Austria	42	2081	0,020	55	0,763
Belgium	40	8500	0,004	150	0,266
Brazil	168	65000	0,002	2750	0,061
Chile	54	5554	0,009	54	1,000
Colombia	4	7000	0,0005	150	0,026
Czech Republic	6	1500	0,004	10	0,600
Ecuador	0	150	0	12	0
Egypt	5	2910	0,001	31	0,161
Finland	30	1056	0,028	32	0,937
France	113	27648	0,004	310	0,364
Germany	135	4000	0,033	60	2,250
Greece	29	1550	0,018	35	0,828
Guatemala	0	180	0	3	0
Hungary	0	227	0	4	0
Iceland	0	106	0	2	0
India	35	5000	0,007	100	0,350
Israel	35	5000	0,007	50	0,700
Italy	152	7236	0,021	272	0,558
Japan	16	170	0,094	19	0,842
Kuwait	4	4626	0,0008	55	0,072
Lithuania	2	248	0,008	6	0,333
Mexico	15	19600	0,0007	200	0,075
Netherlands	51	5000	0,010	30	1,700
Poland	38	1250	0,030	38	1,000
Portugal	20	3028	0,006	60	0,333
Romania	8	928	0,008	25	0,320
Russia	2	1100	0,001	70	0,028
Saudi Arabia	12	7000	0,001	48	0,250
Singapore	23	200	0,115	16	1,437
Slovenia	1	150	0,006	4	0,250
South Africa	1	1000	0,001	12	0,083
Spain	144	7850	0,018	259	0,555
Sweden	65	8500	0,007	44	1,477
Switzerland	48	2566	0,018	5	9,600
Taiwan	40	1300	0,030	20	2,000
Turkey	12	301	0,039	22	0,545
UEA	4	1963	0,002	19	0,21
UK/ England	249	10000	0,024	120	2,075
Ukraine	0	145	0	35	0
USA/ Canada	1130(1051/79)	101645	0,011	1248	0,905
TOTAL-Average	2844	340768	0,008	6705	0,424

The 26 countries declared a total of 2,839 bariatric surgeons, 850 in USA/Canada, 510 in Belgium/Luxembourg, 200 in Brazil, 200 in Italy, 200 in France, 200 in Mexico, 160 in Spain and less than 150

for the rest of countries. For PPS, first five countries were Turkey, Hungary, Greece, England and Sweden with rates of 1.200, 1.000, 0.875, 0.769 and 0.700, respectively. The overall mean PPS was 0.215.

Table 4: IFSO member nations and their performances for 2013-2014.

IFSO members for 2013-2014	Number of publications	Number of procedures	Publication rates per procedure	Number of bariatric centers	Publication rates per bariatric center
Argentina	12	30378	0,0003	23	0,521
Australia/ New Zealand	130 (118/ 12)	10467	0,012	n.a.	n.a.
Austria	42	2354	0,017	32	1,312
Azerbaijan	0	11	0	1	0
Belgium	56	12000	0,004	n.a.	n.a.
Bolivia	0	321	0	10	0
Brazil	160	86840	0,001	1165	0,137
Chile	37	5936	0,006	15	2,466
China	93	4106	0,022	102	0,911
Colombia	2	9200	0,0002	120	0,016
Costa Rica	1	0	0	0	0
Czech Republic	17	1568	0,0108	12	1,416
Dominican Rep.	0	989	0	13	0
Ecuador	0	734	0	9	0
Egypt	19	5875	0,003	70	0,271
Finland	41	888	0,046	0	0
France	192	37300	0,005	380	0,505
Germany	172	7126	0,024	124	1,387
Greece	31	1499	0,020	21	1,476
Guatemala	0	253	0	4	0
Hong Kong	0	95	0	6	0
Iceland	2	87	0,022	1	2,000
India	56	10002	0,005	175	0,320
Israel	45	11452	0,003	29	1,551
Italy	236	8106	0,029	77	3,064
Japan	41	192	0,213	14	2,928
Korea	42	1684	0,024	29	1,448
Kuwait	11	0	0	0	0
Lebanon	14	0	0	0	0
Lithuania	4	240	0,016	4	1,000
Mexico	19	7850	0,002	72	0,263
Netherlands	88	6807	0,012	17	5,176
Panama	0	0	0	0	0
Paraguay	0	269	0	6	0
Peru	1	268	0,003	4	0,250
Poland	40	1658	0,024	16	2,500
Portugal	33	2421	0,013	26	1,269
Romania	11	861	0,012	6	1,830
Russia	10	1522	0,006	23	0,434
Saudi Arabia	16	13194	0,001	11	1,454
Serbia	4	30	0,133	n.a.	n.a.
Singapore	27	279	0,096	6	4,500
Slovenia	4	184	0,021	2	2,000
South Africa	2	703	0,002	13	0,153
Spain	213	2425	0,878	36	5,916
Sweden	96	7473	0,012	40	2,400

Switzerland	73	3427	0,0213	53	1,377
Taiwan	58	1948	0,029	21	2,760
Turkey	43	3250	0,013	50	0,860
UEA	12	4143	0,002	19	0,631
Ukraine	3	360	0,008	7	0,428
United Kingdom	374	5558	0,067	112	3,339
USA/Canada	1440 (1270/170)	154276	0,009	708	2,033
Venezuela	3	0	0	0	0
TOTAL-Average	4026	468609	0,008	3684	1,092

n.a.: Not Available

2008-2009

In that period of time, 2,087 articles were originated from 36 IFSO member countries, led by USA (n=937) and followed by Italy (n=133), Brazil (n=125) and England (n=108). Estimated total number of procedure was 344,221. USA/Canada again performed most procedures at 220,000 and followed by Brazil (n=25,000), France (n=13,722), Mexico (n=13,500), Australia/New Zealand (n=11,914) due to their declaration to IFSO in 2008. The overall mean rate of PPP was 0,006. Japan, once again, was in the first place for PPP with the rate of 0.137, followed by Serbia (0.100), Switzerland (0.056), Germany (0.045) and Italy (0.027).

Through 4,680 bariatric surgeons were declared by 36 countries, 1,625 in USA/Canada, 700 in Brazil, 400 in Spain, 310 in France, 300 in Italy. Others had less than 300 bariatric surgeons in those years (Table 2).

For PPS, the overall mean rate was 0,445 and first five ranked countries were England, Germany, Switzerland, Poland and Austria with rates of 1.800, 1.293, 1.200, 0.950 and 0.884, respectively.

2011-2012

The 2,844 articles were published by 42 IFSO member countries. The highest contribution was from USA with 1,130 publications followed by England (n=249), Brazil (n=168), Italy (n=152) and Spain (n=144). Reported total number of procedures was 340,768 and was dominated by USA/Canada at 101,645 followed by Brazil (n=65,000), France (n=27,648), Mexico (n=19,600), Australia/New Zealand (n=12,000) and England (n=10,000). Other countries performed less than 10,000 bariatric procedures in 2011. For PPP, Singapore was in the first place with the rate of 0,115 followed by Japan (0.094), Turkey (0.039), Germany (0.033) and Taiwan (0.030). The overall mean PPP was 0.008 (Table 3).

The total number of 6,705 bariatric surgeons was declared by these 42 countries to IFSO and Brazil settled in the first rank for 2011 with 2,750 surgeons followed by USA/Canada (n=1,248), France (n=310), Italy (n=272), Spain (n=259) and Mexico (n=200). Other countries reported having less than 200 bariatric surgeons.

According to PPS, Switzerland dominated the rank with the rate of 9.600. It was followed by Germany, England, Taiwan and Netherlands with the rates of 2.250, 2.075, 2.000 and 1.700, respectively. The overall mean PPS was 0.424.

2013-2014

During that time span 4,026 papers were published by 54 IFSO member nations or national groups. USA again was in the first place with 1,440 publications followed by England (n=374), Italy

(n=236), Spain (n=213) and France (n=192). Through total 468,609 bariatric procedures were registered by these countries USA/Canada was in the first rank with numbers of 154,276 followed by countries performed more than 10,000 procedures in 2013 such as Brazil (n=86,840), France (n=37,300), Argentina (n=30,378), Saudi Arabia (n=13,194), Belgium (n=12,000), Israel (n=11,452), Australia/New Zealand (n=10,467) and India (n=10,002). Overall mean PPP was 0.008 and Spain had the maximum PPP at 0.878 followed by Japan (0.213), Serbia (0.133), Singapore (0.096) and England (0.067).

There were total 3,684 bariatric centers registered in these IFSO members' countries. The most of them located in Brazil with numbers of 1,165 followed USA/Canada (n=708), France (n=380), India (n=175), Germany (n=124), Colombia (n=120), England (n=112) and China (n=102). Others reported less than 100 bariatric centers (Table 4).

The overall mean PPC was 1,092 and Spain was in the first rank with the rate of 5,916 followed by Netherlands, Singapore, England and Italy with the rates of 5.176, 4.500, 3.339 and 3.064 respectively.

Discussion

Afterwards IFSO was founded in 1995, the first global survey of bariatric surgery related data from IFSO-member countries was published in 1998 by the federation and then followed by reports in 2003, 2009, 2011, 2013, 2014. Over the years numbers of member societies of the federation had been increasing continuously, from 26 in 2003 to 60 in 2014.

This study has shown an increase in the number of publications on bariatric surgery research over the last decade. We retrieved 644 papers for 2003-2004 and 4,026 papers for 2013-2014. Such increasing on obesity-related publications in the literature was showed earlier [16]. The highest number of publications on bariatric surgery was achieved by USA in all time spans of this that study and followed generally by the other developed countries. At the same time, numbers of bariatric procedures, surgeons and centers have increased much more rapidly than scientific productivity. In 2003-2004, 43,301 procedures performed by 1,989 surgeons and 340,768 procedures performed by 6,705 surgeons in 2011-2012. There was reported numbers of bariatric centers instead of numbers of bariatric surgeons in IFSO report for 2013, so we were not able to compare the numbers of surgeons for that year. USA, again, dominated lists of numbers of procedures all the time and shared top places with Brazil for lists of bariatric surgeons and centers in last years. But, surprisingly these countries cannot keep their positions on the lists of PPP, PPS and PPC. Here it is not easy to discuss about the real reason for that due to lack of information where procedures mostly done, in private

hospitals or non-profit organizations such as university hospitals or training hospitals where making scientific publications would be more important. Unfortunately those numbers mostly depend on estimations provided by IFSO member countries. Although North and South America and Europe are the World's leading areas in practice and scientific production on bariatric surgery according to IFSO reports.

Besides, most of the data provided in those reports were based on "survey" systems at the beginning; recently it had been started using "registries" as published in *Bariatric Surgery Worldwide-2013* and *First IFSO Global Registry Report-2014* [9,10].

There are several limitations regarding to WoS software and numbers are provided by IFSO in this study. The first is that WoS includes publications only indexed by SCI-E. It is not possible to evaluate other bariatric surgery related papers enclosed by other index systems and as the list is updated regularly, the numerical changes in results should be taken into consideration. Another handicap of WoS is the uncertainty of countries where papers originated from. Because of some studies are multicentric from different countries, these publications may be counted more than one time. Papers was not separated into WoS-categories, research areas, document types or languages in this study for the purpose of giving a general information instead of detailed and complicated one. The limitation of IFSO data is that it is mostly based on survey methodology for estimated numbers by countries' bariatric procedures, surgeons or centers instead of exact numbers due to their registry reports.

Conclusion

We can roughly claim that global scientific productivity on bariatric surgery has not been increased in parallel increasing numbers of bariatric procedures and surgeons over the last decade. Publishing researches and experiences is the one of the most effective ways to resolve scientific controversial issues specially on developing medical areas as bariatric surgery. Our study should be a call that research efforts must be supported by governments or private institutions. Additionally, creating national registry systems is essential to collect more accurate data and improve the quality of researches.

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