



## IL-1 $\beta$ and TNF-A as a Biomarker of Recurrence in Malignant Eyelid Tumours

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### Abstract

**Aim:** To establish a correlation between cytokine levels (IL-1 $\beta$ , TNF- $\alpha$  and IL-10) and establishing them as a biomarker of recurrence in malignant eyelid tumours.

**Method:** Prospective observational cross-sectional case-control study of 38 consecutive cases of malignant eyelid tumours that underwent surgical treatment over a period of 18 months. 26 age and sex matched controls with other non-inflammatory, non-neoplastic eyelid disorders. The levels of the cytokines [IL-1 $\beta$  (Interleukin-1 $\beta$ ), TNF- $\alpha$  (tumour necrosis factor- $\alpha$ ), IL-10 (Interleukin-10)] (in pg/ml) were determined by using ELISA Kit. Data was analyzed statistically.

**Result:** On comparing the mean cytokine levels of the two groups, t-test revealed significantly higher levels of IL-1 $\beta$  (16.39  $\pm$  2.86 vs. 14.62  $\pm$  3.72, t=2.17, p=0.034), TNF- $\alpha$  (19.32  $\pm$  3.47 vs. 16.74  $\pm$  4.45, t=2.61, p=0.011) and IL-10 (24.79  $\pm$  5.87 vs. 21.61  $\pm$  4.61, t=2.33, p=0.023) in cases. ANOVA revealed significantly different levels of IL-1 $\beta$  (F=7.86, p<0.001), TNF- $\alpha$  (F=7.42, p<0.001) and IL-10 (F=4.36, p=0.006) between tumour and its three adjacent tissues.

**Conclusion:** Cytokine levels (IL-1 $\beta$ , TNF- $\alpha$  and IL-10) in the adjacent tissues beyond safety margins were normal and comparable to that in controls suggesting the margins to be tumour free. Highly significant lower levels of IL-1 $\beta$  and TNF- $\alpha$  in tissues beyond safety margins can be used as an important predictor for local recurrence of tumour.

**Keywords:** Malignant eyelid tumour; IL-1 $\beta$ , TNF- $\alpha$ ; Recurrence

### Introduction

Cytokines, a diverse group of small proteins, are important negative and positive regulators of cell activity. Ample evidence of their role in the diagnosis and treatment of various systemic tumours is present. However, specific characterization of cytokines in malignant eyelid tumours has seldom been done.

IL-1 $\beta$  (Interleukin-1 $\beta$ ) is a crucial mediator of the host inflammatory response in natural immunity with a proinflammatory effect [1]. Expression of IL-1 has been correlated with various systemic tumours [2,3].

TNF- $\alpha$  (tumour necrosis factor- $\alpha$ ) is a multi-functional cytokine having tumour-promoting as well as tumour-inhibiting activity in varying tissue micro-environments and have been demonstrated to promote metastatic behaviour in cancer cells via diverse mechanisms various systemic tumours [4].

IL-10 (Interleukin-10) is an important immunoregulatory cytokine and has been shown to have diverse effects regarding its influence on cancer. IL-10 has been identified in the serum and tumour with a negative correlation between circulating levels of IL-10 and prognosis [5-8].

The current study aims at estimating the levels of cytokines, viz. IL-1 $\beta$ , TNF- $\alpha$  and IL-10 in histopathologically confirmed tissue samples of malignant eyelid tumours in comparison to other non-inflammatory, non-neoplastic eyelid disorders. Additionally, differences between tumour and its adjacent tissues beyond safety margins will aid in establishing a correlation between cytokine levels and tumour recurrence.

### Method

Study was conducted according to tenets of declaration of Helsinki after approval from

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Received Date: 20 May 2016

Accepted Date: 24 Jun 2016

Published Date: 28 Jun 2016

#### Citation:

Sayeed K, Kaur A, Bhasker SK, Pant AB. IL-1 $\beta$  and TNF-A as a Biomarker of Recurrence in Malignant Eyelid Tumours. Clin Surg. 2016; 1: 1047.

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**Table 1:** Demographic characteristics of two groups.

Demographics characteristics	Controls (n=26) (%)	Cases (n=38) (%)	t/ $\chi^2$ value	p value
Age (yrs): Mean $\pm$ SD	46.23 $\pm$ 10.51	48.05 $\pm$ 18.21	0.46	0.647
Sex:				
Female	12 (46.2)	15 (39.5)	0.28	0.595
Male	14 (53.8)	23 (60.5)		
Smoking:				
No	22 (84.6)	31 (81.6)	0.10	0.752
Yes	4 (15.4)	7 (18.4)		
Alcohol:				
No	23 (88.5)	31 (81.6)	0.56	0.456
Yes	3 (11.5)	7 (18.4)		
Tobacco:				
No	21 (80.8)	26 (68.4)	1.21	0.272
Yes	5 (19.2)	12 (31.6)		
Sun exposure:				
No	11 (42.3)	11 (28.9)	1.22	0.269
Yes	15 (57.7)	27 (71.1)		
Hygiene:				
Good	21 (80.8)	22 (57.9)	3.66	0.056
Poor	5 (19.2)	16 (42.1)		
Crowding:				
Absent	22 (84.6)	28 (73.7)	1.08	0.299
Present	4 (15.4)	10 (26.3)		

**Table 2:** Cytokine levels (Mean  $\pm$  SD) of cases and controls.

Cytokine (pg/ml)	Controls (n=26)	Cases (n=38)	% mean change	t- value	p- value
IL-1 $\beta$	14.62 $\pm$ 3.72	16.39 $\pm$ 2.86	10.9	2.17	0.034
TNF- $\alpha$	16.74 $\pm$ 4.45	19.32 $\pm$ 3.47	13.4	2.61	0.011
IL-10	21.61 $\pm$ 4.61	24.79 $\pm$ 5.87	12.9	2.33	0.023

Institutional Ethics Committee. A prospective observational cross-sectional case-control study, was conducted by recruitment of 38 consecutive cases of malignant eyelid tumours that underwent surgical treatment over a period of 18 months from August 2014 to January 2016 in the Department of Ophthalmology, King George's Medical University, Lucknow, India. 26 patients with non-inflammatory, non-neoplastic eyelid disorders [tissues from senile eyelid disorders, ptosis (non-inflammatory)] were recruited as controls. An informed consent was taken from all the patients.

Excised tissues (4 samples were obtained from each case –1 from tumour mass and 3 samples from adjacent tissue including medial, base, and lateral) were collected in sterile Dulbecco's Modified Eagle's Medium (DMEM) supplemented with 10% fetal bovine serum (FBS) and antibiotic-antimycotic solution (Gibco BRL, USA), and transported to In Vitro Toxicology Laboratory, Indian Institute of Toxicology Research, Lucknow, India, at a temperature of -4°C immediately and were preserved in deep freezer at -80°C till further processing. The levels of the cytokines (IL-1 $\beta$ , TNF- $\alpha$ , IL-10) in the tissue protein samples (100  $\mu$ l tissue supernatant) was determined by using commercially available "Ready-SET-Go! ELISA Kit" (Sigma Aldrich Chemie GmbH, Buchs, St. Gallen) in triplicate wells. The analyses of the plates were done at 450 nm using Multiwell microplate reader (Synergy HT, Bio-Tek, USA). Control samples were also analyzed by identical procedure.

Expression of the results was done as mean (SEM) and data were summarized as standard deviation (Mean  $\pm$  SD) from the values obtained from at least three independent experiments, in each of which triplicate samples were used. Comparison of the groups was done by independent Student's 't' test, ANOVA and Tukey post hoc test. P-value less than 0.05 were considered statistically significant. SPSS software (Windows version 17.0) was used for statistical analyses.

## Results

The present study recruited surgically excised tissues (1 tumour tissue and 3 adjacent tissues) of 38 patients of malignant eyelid tumour of either sex as cases and 26 age and sex matched tissue samples as controls. Subjects of two groups were demographically matched and comparable (Table 1).

In controls, the tissues included were rectus muscle (69.2%), tarsus (26.9%) and muller's muscle (3.8%) and in cases, sebaceous gland carcinoma (47.36%), basal cell carcinoma (26.3%), squamous cell carcinoma (18.4%) and malignant melanoma (7.89%).

### Comparison of cytokine levels of cases and controls

The cytokine levels of cases and controls are summarized in Table 2. Student's t-test for the mean cytokine levels (in pg/ml) of the two groups, revealed significantly higher levels of IL-1 $\beta$  (16.39  $\pm$  2.86 vs. 14.62  $\pm$  3.72, t=2.17, p=0.034), TNF- $\alpha$  (19.32  $\pm$  3.47 vs. 16.74  $\pm$  4.45, t=2.61, p=0.011) and IL-10 (24.79  $\pm$  5.87 vs. 21.61  $\pm$  4.61, t=2.33, p=0.023) in cases as compared to controls. No definite correlation was seen amongst the three cytokines.

### Comparison of cytokine levels of tumour and its adjacent tissues

On comparing the mean cytokine levels of four groups, ANOVA revealed significantly different levels of IL-1 $\beta$  (F=7.86, p<0.001), TNF- $\alpha$  (F=7.42, p<0.001) and IL-10 (F=4.36, p=0.006) among the groups (Table 3). Further, Tukey post hoc test showed that the mean level of IL-1 $\beta$ , TNF- $\alpha$  and IL-10 also lowered significantly in medial, base and lateral as compared to tumour tissue [Cases vs. Medial: IL-1 $\beta$ <0.001, TNF- $\alpha$ =0.001 and IL-10=0.005; Cases vs. Base: IL-1 $\beta$ <0.001, TNF- $\alpha$ <0.001 and IL-10=0.083; Cases vs. Lateral: IL-1 $\beta$ =0.001, TNF- $\alpha$ =0.001 and IL-10=0.022]. This lowering of cytokine level was highly significant in case of IL-1 $\beta$  and TNF- $\alpha$  (p<0.001) but in case of IL-10, p=0.006.

**Table 3:** Comparison of cytokine levels (Mean  $\pm$  SD) of tumor and it's adjacent tissues.

Cytokine (pg/ml)	Cases (n=38)	Adjacent of cases			F Value	P Value
		Medial (n=38)	Base (n=38)	Lateral (n=38)		
IL-1 $\beta$	16.39 $\pm$ 2.86	13.99 $\pm$ 2.75	13.85 $\pm$ 2.63	14.12 $\pm$ 2.35	7.86	<0.001
TNF- $\alpha$	19.32 $\pm$ 3.47	16.87 $\pm$ 2.72	16.67 $\pm$ 2.78	16.75 $\pm$ 2.53	7.42	<0.001
IL-10	24.79 $\pm$ 5.87	21.02 $\pm$ 4.29	22.10 $\pm$ 4.99	22.54 $\pm$ 4.49	4.36	0.006

## Discussion

The current study analyses the cytokines, viz IL-1 $\beta$ , TNF- $\alpha$  and IL-10 in malignant tumours of eyelid, it's adjacent tissue beyond the safety margins and compares them with the local milieu of periocular tissues. It attempts to study their role as a prognostic marker in eyelid tumours.

IL-1 $\beta$  is a pro-inflammatory pro- tumour cytokine. The levels of IL-1 $\beta$  were significantly raised in tumour tissue. Expression of IL-1 $\beta$  has been correlated with tumour cell proliferation, in previous studies [9,10]. This leads to the possibility that it may directly increase proliferation of tumour cells.

In our study, the levels of TNF- $\alpha$  was demonstrated to be significantly higher in cases than in control tissues. TNF- $\alpha$  is the most widely studied cytokine and has been demonstrated in various studies to be a multi-functional cytokine with different actions in different tissues [11,12]. This suggests its role in tumourigenesis of eyelid tumours.

IL-10 has a complex biological activity in tumours and has diverse effects regarding its influence on cancer. In our study, its levels in cases were seen to be raised significantly in comparison to controls which is in accordance with the previous studies in which it was suggested to serve as a tumour growth factor [13-15].

Cytokines levels in tissues adjacent to the cut margin beyond safety margins were less than that in tumour tissues in the study. It can be inferred that the surgical margins were tumour free on all the three adjacent sides beyond 5mm of the surgical safety margins of excision. These levels were similar to the control values ( $p > 0.05$ ). There was no significant variation in cytokine levels among the three adjacent sides ( $p > 0.05$ ), indicating that the three adjacent tissues were without tumour invasion. This indirectly supports the surgical safe margin concept [16-18]. The difference in levels were highly significant in case of TNF-  $\alpha$  and IL-1 $\beta$  ( $p < 0.001$ ). This decrease in cytokine levels were observed on all the three adjacent sides in case of TNF- $\alpha$ , IL-1 $\beta$  with highly significant lowered levels but not in IL-10. Thus, TNF- $\alpha$  and IL-1 $\beta$  are more important prognostic markers in case of recurrence. Also we can use the side with highest TNF- $\alpha$  and IL-1 $\beta$  levels for vigorous follow-ups to look for any evidence of recurrence.

No recurrence was noted in the study period. The fact that the peri tumour cytokine levels beyond safety margin were normal can be used as an indicator of tumour Free State, therefore, be utilized as a prognostic marker. Similar use of cytokines (IL-6 and TNF- $\alpha$ ) as prognostic markers for prostate cancer was suggested by Michalaki et al. [19]. (2004) and were correlated directly with the extent of malignant disease.

## Conclusion

The current study on tissue levels of cytokines (IL-1 $\beta$ , TNF- $\alpha$

and IL-10) in malignant eyelid tumours and it's adjacent tissues beyond safety margins concluded that significantly higher levels were present in the tumour tissues. Cytokines were found to be normal in the adjacent tissues beyond safety margins and comparable with controls, thus establishing the margins to be tumour free. This finding enables us to use IL-1 $\beta$  and TNF- $\alpha$  as an important predictor for local recurrence of tumour. This observation at the biomolecular level establishes the surgical excision margin of 5mm as safe.

The prognostic significance of cytokine levels in adjacent tissues beyond safety margins, will encourage further undertakings directed towards the development of tumour treatment agents.

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