



My Journey in Laparoscopic Surgery

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Opinion

Laparoscopic surgery was a breakthrough in the field of surgery. It started in 1987 at global level and there by changed the principles of surgery. In 1991, India saw the new face of laparoscopic surgery being reported first time from south India. We in Jammu And Kashmir State started laparoscopic surgery in 1994. Our tertiary care hospitals viz. skims and gmc Srinagar deserve all applauds to lay the foundation stone of the then new technique of minimal invasive surgery. Salute to the pioneer's of this new technique who struggled hard to establish this technique and carried it on and on to the progeny of young surgeons. The beginnings are always small, resentful and with lot of criticism. This new baby had to undergo a difficult time of crawling by the staunch open surgeons and patient community by their threadbare opposition. With persistence and patience, coupled with the awareness for the general masses, those few surgeons established this technique in our medical colleges. After few years, this technique inspired the surgeons of the field who started venturing into this new domain of surgery in our urban and rural hospitals. The concept of laparoscopic surgery was taken to rural areas in 2005 and thereby establishing a new beginning of this surgical technique. At present the baby is grown into an adult and had recently a silver jubilee celebrated in its memoir. For most of procedures it has already become a gold standard technique. It is heartening to see this technique well established even in our small hospitals and has already crossed the newer horizons in our tertiary care hospitals. Laparoscopic cholecystectomy, appendicectomy, common bile duct Surgery for stone disease, hepaticojejunostomies, gastrectomies, colectomies, urological procedures, all kinds of hernias are dealt routinely in our hospital laparoscopically. Robotic surgery is an extension of laparoscopic surgery. In this talk we reflect our humble contributions in this field of surgery for last 15 years.

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