



Irreducible Inguinal Hernia for more than 2 Years in a Young Man

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Clinical Image

A 23 years old engineering student presented to the surgery OPD of KLE centenary charitable hospital with the history of swelling over the left groin for more than 3 years, it used to reduce spontaneously on and off. Later the patient noted that the swelling remained without reduction for more than 2 years with discomfort and pulling sensation. As he was busy in the college studies he did not seek any medical consultation. Once his studies got over after the examination he came to our hospital for surgical consultation about one month back. On examination the patient was a young man in good health with stable vital signs (Figure 1). Swelling was noted in the left inguino-scrotal region about 10 cm x 8 cm. it was soft non tender and not reducible. A clinical diagnosis of left inguino-scrotal irreducible hernia was made and investigated. The patient underwent left sided inguinal hernioplasty under spinal anaesthesia (Lichtenstein's technique). The patient is doing well in Post-operative period (Figure 2).



Figure 1: Pre-operative.



Figure 2: Post-operative.

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