



Intrahepatic Shunt Porto Systemic *via* Transjugular (TIPS) Indication Prior to Gastric Esophagus Surgery: A Case Report

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Abstract

More than 10% of cirrhotic patients will require surgeries during the last two years of life. Among the causes of morbidity and mortality, most are derived from portal hypertension. The Transjugular Intrahepatic Portosystemic Shunt (TIPS) has been used before abdominal surgeries to reduce portal hypertension, including the Gastroesophageal Junction (GEJ), the most common site of collateral circulation.

The case of a patient with portal hypertension and esophageal-gastric varices who underwent installation of TIPS as a bridge therapy to total gastrectomy is presented. The results show a reduction of esophagogastric varices, allowing esophagojejunal anastomosis to be performed without bleeding and in tissue not damaged by endoscopic ligatures.

A TIP has a role as temporary therapy for patients awaiting liver transplantation to prevent and treat variceal bleeding. Several series have successfully described the use of TIPS prior to abdominal surgeries, reducing the risk of bleeding and mortality.

This report postulates the use of TIPS prior to surgeries involving EGJ. However, despite the favorable results, more experience and larger cohorts are required to estimate the proper performance of this therapy accurately.

Keywords: Portal hypertension; Esophageal varices; TIPS

Introduction

More than 10% of cirrhotic patients will require surgeries during the last two years of life, sometimes highly complex abdominal surgeries. However, high surgical mortality rates have been reported in this type of patient [1-4]. The mortality of cirrhotic patient's electively undergoing extrahepatic abdominal surgeries has been estimated to be between 10% and 57%. Consequently, numerous potentially curative surgical procedures are contraindicated in cirrhotic patients [5,6]. On the other hand, Child A cirrhotic patients have a 10% postsurgical mortality, Child B 30% to 31%, and 76% to 82% for Child C cirrhotic [7].

The complications that most frequently determine mortality are perioperative hemorrhage, sepsis, operative wound complications, coagulopathy, and kidney failure. Each of these derives in its entirety or an essential part from a common pathophysiological phenomenon, portal hypertension [2,6,8].

Portal Hypertension (PH) is defined as an increase in the pressure of the portal venous system above five mmHg, which can cause numerous complications [9]. Among them are the promotion of the development of collateral circulation within the peritoneal cavity, varicose veins, and splenomegaly. The above, together with the coagulation disorders secondary to hypoprothrombinemia and thrombocytopenia present in these patients, cause an increased risk of perioperative bleeding [3,5,8]. On the other hand, due to its hypervolemic state and splanchnic vasodilation, PH produces ascites, frequently contributing to operative wound infections and sepsis. In addition, increasing intra-abdominal pressure promotes the dehiscence of operative wounds

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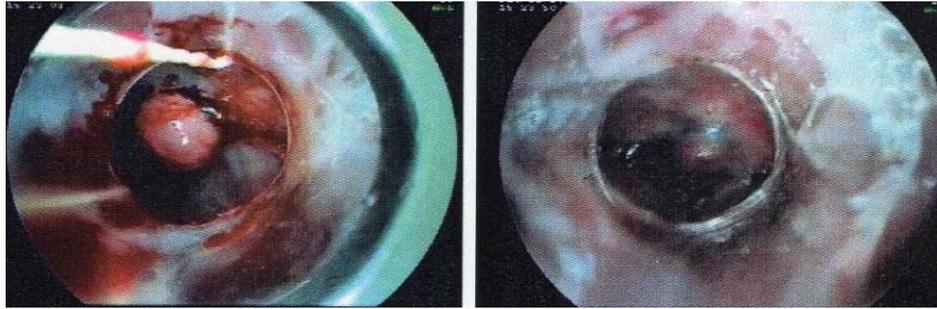


Figure 1: Endoscopy shows the presence of high-risk esophageal varices and ligation *in situ* in the distal esophagus.

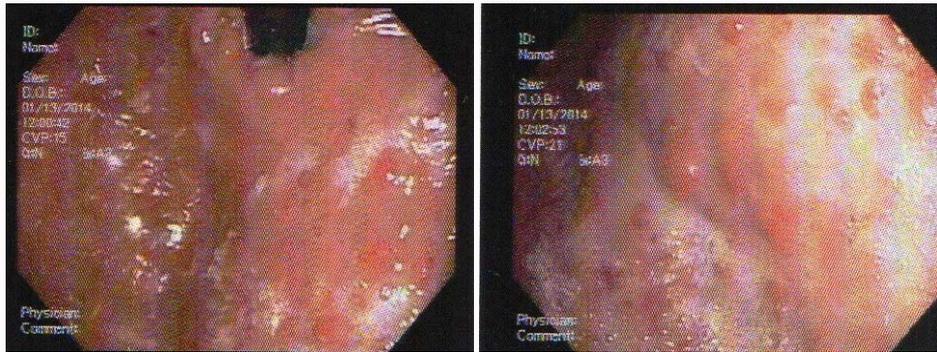


Figure 2: Multiple multifocal nodular lesions in the body and gastric fundus.

[4,6].

There is a growing interest in effective preoperative methods that lower portal pressure in cirrhotic patients and reduce associated mortality. Given the effectiveness of portal pressure reduction through preoperative portosystemic shunts and the reduction of perioperative complications of cirrhotic patients, it has postulated the use of TIPS as a possible portal decompression tool to its minimally invasive nature [3,6,10].

In the literature, TIPS have been described before abdominal surgeries of various parenchymas, including the stomach. However, there are no records of surgeries that technically involve the GEJ [2,5,6,8], this being the most common site for the development of collateral circulation [9,10]. Therefore, it makes us wonder if the use of TIPS can go beyond the indications described so far. Thus, the objective of this study is to present the case of a patient with PH and esophageal-gastric varices who underwent the installation of TIPS as bridging and neoadjuvant therapy to total gastrectomy with subsequent reconstruction with esophagus jejunum anastomosis.

Case Presentation

A 52-year-old male patient with a history of chronic liver damage due to alcohol, classified as child A and MELD 8, consulted for upper gastrointestinal bleeding. Upper gastrointestinal endoscopy was performed, which observed numerous varices at the level of the Gastroesophageal Junction (GEJ) (Figure 1). Endoscopic ligation was managed to control the bleeding; however, multiple lesions were observed in the fundus and gastric body during the procedure, compatible with a multifocal neuroendocrine tumor (Figure 2). The histopathological study concluded the presence of a neuroendocrine tumor with Ki67 greater than 5%.

Subsequently, the etiological and dissemination study is carried

out. Computed Tomography (CT) of the abdomen and pelvis showed numerous perigastric adenopathy (the largest of 13 mm). Also, simple liver cysts in segments 2 and 4, PHT, and splenomegaly were detected. Chest CT did not reveal alterations, and serological studies for HBV and HCV were negative.

Total gastrectomy with curative intent is indicated based on the pathological findings, upper gastrointestinal endoscopy, and negative dissemination study. However, its performance implies a high risk of variceal bleeding, putting the patient’s life at risk. On the other hand, despite its effectiveness, endoscopic treatment of gastroesophageal varices is not an adequate strategy in this patient because it causes anatomical distortion and complex surgical management in the tissues esophagojejunostomosis will be performed. In this context, and to achieve curative treatment, we decided to decrease portal pressure prior to surgery by installing TIPS (Figure 3). Specifically, we proceeded to install TIPS portocaval, which passed without incident.

Results

It was possible to reduce the portal pressure from 22 mmHg to 11 mmHg, while the pressure in the vena cava showed an increase from 0 mmHg to 6 mmHg after the shunt. In sum, a total portosystemic gradient of 22 to 5 was obtained.

Total gastrectomy with D2 lymphadenectomy was performed on the fifth day without incident. During the intraoperative period, a frank decrease in esophagogastric varices was observed, in number and size, allowing safe manipulation of the area during the section and subsequent anastomosis performed with a 25 mm circular mechanical suture, carried out without incidents (Figure 4, 5).

The histopathological study concluded: Grade 2 neuroendocrine carcinoma with free surgical margins and 28 negative nodes.

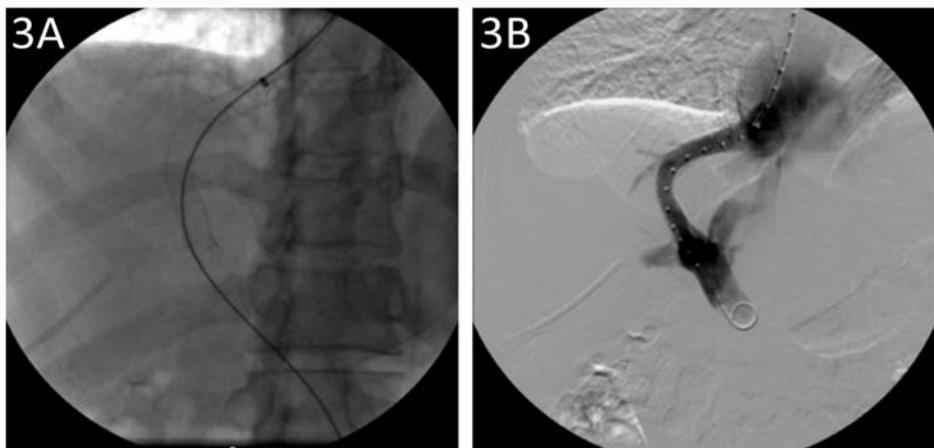


Figure 3: Radiological evidence of TIPS installation. A) Fluoroscopy in which the release of a self-expanding metallic stent 10 mm × 8 cm is visualized with its ends in the right suprahepatic vein and the right portal vein (white arrow). The access with a 5 French sheath in the right portal vein branch is also identified. B) Fluoroscopy with subtraction showing permeability of the TIPS, well-positioned. A metallic stent is observed, with an in situ measurement system and access with a 5 French sheath in the right portal vein branch.

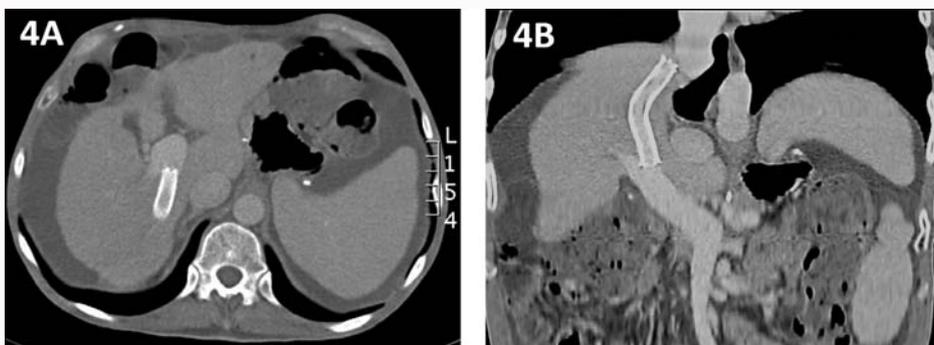


Figure 4: A) Recent postsurgical axial section images in portal phase, identifying patent TIPS, postgastrectomy postoperative changes, and moderate ascites. B) Coronal MIP reconstruction showing TIPS with ends in the right suprahepatic vein - inferior vena cava and right portal vein. Coronal MIP reconstruction is well located and permeable.

The patient evolved without complications during the postoperative period, deciding discharged on the eighth postoperative day. In the last outpatient check-up, the patient tolerated well feeding and did not show signs of encephalopathy.

Discussion

In 1981, Schwartz demonstrated a decrease in intraoperative bleeding in cirrhotic patients with portal hypertension by performing, concomitant to the primary surgery, a Portocaval shunt [3]. Similarly, Sandblom describes using a Portocaval shunt, this time prior to surgery, in four patients with ascites who required a biliodigestive anastomosis. Once the "pre-surgical" Porto-cavus shunt had been performed and the ascites controlled, the surgery was performed without complications [5].

TIPS or transjugular hepatic portosystemic shunt is the procedure by which the portal vein is decompressed by creating a low resistance channel, usually between the right hepatic vein and the right portal vein through a fenestrated metal implant, which may or may not be covered, which crosses the cirrhotic liver parenchyma. Angiography-guided endovascular route is installed, which avoids performing a laparotomy, takes approximately one to two hours, and is technically successful in most cases with low complication rates [9].

Currently, TIPS has an established and widely accepted role as



Figure 5: Intraoperative process: The findings highlight the left liver lobe with signs of chronic damage. In addition, the esophagus-jejunal anastomosis is visualized.

temporary therapy for patients awaiting liver transplantation and as a treatment for some complications of portal hypertension [6,9]. Specifically, prevention of recurrent variceal bleeding and salvage therapy in patients with acute variceal bleeding when pharmacological and endoscopic therapy has failed [6,8,9,11]. However, the indications have been increasing due to the evidence of its effectiveness in various pathologies. Other indications for TIPS that show promise are

refractory ascites, Budd Chiari syndrome, severe hypertensive portal gastropathy, hepatorenal syndrome, refractory hepatic hydrothorax, and early therapy in cirrhotic patients with esophageal varices prior to the first episode of HDA [6,11,12].

In the literature included in this review, there are few reports and case series in which the use of TIPS is described as part of the pre-surgical preparation in extrahepatic abdominal surgeries. However, there are descriptions of TIPS prior to cardiac, esophageal, renal, ureteral, pancreatic, colonic, hernioplasty, retroperitoneal, abdominal, gallbladder, orthopedic, rectal, aortic, pelvic, ovarian, and two gastric surgeries (in which performed a distal subtotal gastrectomy, which technically does not involve the gastroesophageal junction) 2. There are no reported cases of TIPS use within these series before total gastrectomy [2,5,6,8].

Through this report, we present the case of a patient with DHC who, in the context of variceal UGH, detected numerous gastric lesions compatible with neuroendocrine neoplasms. Due to the finding, the need arises for total gastrectomy for curative oncological purposes. However, due to numerous large varices in the GEJ, where the esophagojejunostomosis is performed, surgery is relatively contraindicated due to a high risk of bleeding.

In the same way, as the case presented, all the cases reported in the literature on using TIPS as a preoperative preparation were performed in patients whose main contraindication to extrahepatic abdominal surgery was portal hypertension refractory to medical treatment. In these cases, the literature is evident in recommending endoscopic variceal ligation prior to surgery to reduce the risk of bleeding. During this, meticulous handling is recommended since varicose veins are very thin-walled vessels subjected to high pressure, which in minor lacerations can cause massive bleeding [13]. In our case, where the surgical technique involves esophagogastric section and subsequent esophagojejunal anastomosis, variceal treatments using EDA because anatomical distortion and local tissue damage that are not recommended.

In this specific clinical context, the indication for using TIPS as an alternative method of reducing portal pressure and treating esophagogastric varices is based and justified. The above is under the premise of the minimally invasive nature that does not increase the risk of bleeding [6] and, in turn, does not distort the anatomy of one of the key points to be manipulated during a total gastrectomy, the distal esophagus.

TIPS stent installation was performed five days before total gastrectomy, an uneventful procedure. Then, surgical intervention was carried out, which showed a significant decrease in collateral circulation and gastroesophageal varices. This surgical intervention allowed the esophagogastric section to be carried out without incident, with minimal bleeding, and to perform the esophagojejunostomosis in the adequate tissue, thus reducing the possibility of bleeding, dehydration, and anastomotic leakage, achieving a total gastrectomy plus lymphadenectomy with free surgical margins. Regarding the results in the literature, the series has shown improvements in the various indicators of PH and pre-surgical prognostic factors of mortality [5,6,8,14]. Significant improvements have been reported in the Child score, MELD, a decrease in the level of ascites, and a lower rate of operative wound complications [13]. In addition, some series have measured the decrease in portosystemic gradients after TIPS, which have decreased abruptly, an average of 18 mmHg [6].

Conclusion

We postulate TIPS as an effective and safe neoadjuvant therapy for total gastrectomies. Like other neoadjuvant treatments, it allows us to offer curative treatments in a simplified way and at a lower rate of complications to those who previously only offered palliative therapy. Always, bearing in mind that it is a case presentation and literature review.

Due to the limited number of reported cases, there is considerable variability in the management and treatment protocol of these patients, with significant variations still existing between types of patients, comorbidities, clinical contexts, the time between pre-surgical TIPS and main surgery, type of surgery, among other. Therefore, we believe that more experience and larger cohorts are required to accurately estimate the proper performance of this therapy, optimize it, and generate unique treatment protocols.

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